

Pediatric Mental Health Guidelines

The Health Care Authority (HCA) requires a review by an agency-designated mental health specialist from the Second Opinion Network when drugs used to treat mental health conditions are prescribed outside of the established guidelines set by the Pediatric Children's Mental Health Workgroup.

Alpha-agonist age/dose and combined alpha agonist:

Second Opinion Network (SON) review is required when member is on a mono alpha-agonist exceed age/dose limit or when combined alpha-agonists exceed age/dose limit.

Drug	0 - 3 years of age	4 – 5 years of age	6 – 8 years of age	9 -17 years of age
Catapres® (clonidine)	PA required	0.2 mg	0.3 mg	0.4 mg
Intuniv® (guanfacine SR)	PA required	2mg	3 mg	4 mg
Kapvay® (clonidine SR)	PA required	0.2 mg	0.3 mg	0.4 mg
Tenex® (guanfacine)	PA required	2mg	3 mg	4 mg

Combined Alpha Agonists: 1 unit dose is equivalent to Clonidine 0.1mg or Guanfacine 1mg

Age 4-5	Max = 2 combined equivalent doses
Age 6-8	Max = 3 combined equivalent doses
Age 9-17	Max = 4 combined equivalent doses

ADHD age/dose limits:

SON review is required when member is on dosage exceeding age/dose limit.

DRUG	MAX DOSAGE
Atomoxetine (Strattera)	Ages 5 - 17, Max = 120mg
Clonidine	Ages 4 - 5, Max = 0.2mg Ages 6 - 8, Max = 0.3mg Ages 9 - 17, Max = 0.4mg
Guanfacine	Ages 4 - 5, Max = 2mg Ages 6 - 8, Max = 3mg Ages 9 - 17, Max = 4mg

Amphetamine-Dextroamphetamine Dextroamphetamine Dexmethylphenidate HCL Methylphenidate Patch	Ages 5 - 8, Max = 35mg Ages 9 - 11, Max = 45mg Ages 12 - 17, Max = 60mg
Lisdexamphetamine (Vyvanse)	Ages 5 - 8, Max = 60mg Ages 9 - 11, Max = 75mg Ages 12 - 17, Max = 100mg
Methylphenidate Oral	Ages 5 - 8, Max = 70mg Ages 9 - 11, Max = 90mg Ages 12 - 17, Max = 120mg

ADHD duplication:

SON review is required when a member is on 2 or more ADHD medications for at least 56 days. The chart below show the drug with an x indicate the combinations are duplicative.

ADHD duplication:

DRUG	Amphetamine	Atomoxetine	Dexmethylphenidate	Clonidine IR and ER	Guanfacine IR and ER	Lisdexamphetamine	Methylphenidate
Amphetamine/ Dextroamphetamine		X	X				X
Armodafinil	X	X	X			X	X
Atomoxetine	X		X	X	X	X	X
Dexmethylphenidate	X	X				X	
Clonidine IR and ER		X					
Guanfacine IR and ER		X					
Lisdexamphetamine		X	X				X
Methylphenidate	X	X				X	
Modafinil	X	X	X			X	X

Antipsychotic age/dose limit:

Health Care Authority (HCA) - Antipsychotic Age and Dose Limitations				
Drug	Under 3 years*	3-5 years*	6-12 years*	13-17 years*
Injectable formulations:				
All 2 nd generation injectable products	0	0	0	0
Oral formulations:				
aripiprazole, Abilify	0	5 mg per day	20 mg per day	30 mg per day
clozapine, Clozaril, Fazaclor, Versacloz	0	0	0	700 mg per day
Fanapt (iloperidone)	0	0	0	0
haloperidol, Haldol	0	0	10 mg per day	15 per day
Latuda (lurasidone)	0	0	40 mg per day	80 mg per day
olanzapine, Zyprexa/ Zydis	0	0	10 mg per day	20 mg per day
paliperidone, Invega	0	0	0	0
perphenazine, Trilafon	0	0	12 mg per day	24 mg per day
quetiapine/ XR, Seroquel/ XR	0	0	400 mg per day	800 mg per day
Rexulti (brexpiprazole)	0	0	0	0
risperidone, Risperdal/ M-Tab	0	2 mg per day	4 mg per day	6 mg per day
Saphris (asenapine)	0	0	0	0
Vraylar (cariprazine)	0	0	0	0
ziprasidone, Geodon	0	0	80 mg per day	160 mg per day
*A zero indicates the need for a HCA-approved second opinion for any dose				

Antipsychotic duplication: on 2 or more for at least 56 days

SON review is required when a member is on 2 or more antipsychotic medications for at least 56 days. All antipsychotic products listed below are duplicative with each other.

Aripiprazole
Asenapine Maleate
Brexiprazole
Cariprazine
Chlorpromazine

Clozapine
Fluphenazine
Haloperidol
Ilperidone
Loxapine

Lurasidone
Molindone
Olanzapine
Olanzapine-Fluoxetine
Paliperidone

Perphenazine
Perphenazine/Amitriptyline
Prochlorperazine

Quetiapine Fumarate
Risperidone
Thioridazine

Thiothixene
Trifluoperazine
Ziprasidone

Antidepressant age/dose limit: only product listed below

DRUG	MAX DOSAGE
Citalopram	Max: 40mg
Duloxetine	Max: 60mg

Antidepressant (Second Generation) duplication: on 2 or more for at least 56 days

SON review is required when a member is on 2 or more antidepressant medications for at least 56 days. The charts below show the drug classes with a PA indicate the combinations are duplicative.

Second Generation Antidepressant Chart

Class	SSRI	TeCA	NDRI	SNRI	SMM
SSRI (Selective Serotonin Reuptake Inhibitor)	PA			PA	PA
TeCA (Alpha-2 Receptor Antagonists – Tetracyclics)		PA	PA	PA	PA
NDRI (Norepinephrine - Dopamine Reuptake Inhibitor)		PA	PA		
SNRI (Serotonin Norepinephrine Reuptake Inhibitor)	PA	PA		PA	PA
SMM (Serotonin Modulator - Miscellaneous)	PA	PA		PA	PA

Products by Class

SSRI	TeCA	NDRI	SNRI	SMM
Brisdelle (paroxetine) Celexa (citalopram) Lexapro (escitalopram) Luvox (fluvoxamine) Paxil (paroxetine) Pexeva (paroxetine mesylate) Prozac (fluoxetine) Sarafem (fluoxetine) Zoloft (sertraline)	Ludiomil (maprotiline) Remeron (mirtazapine)	Aplenzin (bupropion) Forfivo (bupropion) Wellbutrin (bupropion)	Cymbalta (duloxetine) Desvenlafaxine ER Effexor (venlafaxine) Fetzima (levomilnacipran) Pristiq (desvenlafaxine)	Serzone (nefazodone) Trintellix (vortioxetine) Viibryd (vilazodone)

Alzheimer's:

DRUG	MAX DOSAGE
Donepezil	Min age 18. All use for under 17 require SON
Galantamine	Min age 18. All use for under 17 require SON

Rivastigmine PT24, Tartrate	Min age 18. All use for under 17 require SON
Tacrine Hydrochloride	Min age 18. All use for under 17 require SON
Memantine Tab, oral solution, cap 24H	Min age 18. All use for under 17 require SON

Sedative Hypnotics:

DRUG	MAX DOSAGE
Eszopiclone Tab (Lunesta)	Min age 18. All use for under 17 require SON
Zaleplon Cap (Sonata)	Min age 18. All use for under 17 require SON
Doxepin (Silenor)	Min age 18. All use for under 17 require SON
Ramelteon (Rozerem)	Min age 18. All use for under 17 require SON
Suvorexant (Belsomra)	Min age 18. All use for under 17 require SON
Temazepam (Restoril)	Min age 18. All use for under 17 require SON
Zolpidem (Ambien)	Min age 18. All use for under 17 require SON
Zolpidem ER (Ambien CR)	Min age 18. All use for under 17 require SON
Zolpidem SL (Edluar/Intermezzo)	Min age 18. All use for under 17 require SON

Others:

DRUG	MAX DOSAGE
Naltrexone	Min age 18. All use for under 17 require SON
Modafinil	Min age 18. All use for under 17 require SON
Armodafinil	Min age 18. All use for under 17 require SON

Polypharmacy:

SON review is required when a member is on 5 or more psychotropic medications for longer than 2 months (56 day supply).

ADHD Agent - Selective Norepinephri
Alpha-2 Receptor Antagonists (Tetra
Alprazolam
Alprazolam (Bulk)
Alprazolam-Dietary Management Produ
Amantadine Hcl
Amantadine Hcl (Bulk)
Amitriptyline Hcl
Amitriptyline/Chlordiazepoxide
Ammonia Aromatic
Amoxapine
Amphetamines**
Anticonvulsant - Misc. & Nutritiona
Antidepressant Misc-Nutritional Sup
Antimanic Agents***
Apomorphine Hydrochloride
Benzodiazepines & Tricyclic Agents*
Benztropine Mesylate
Biperiden Hcl
Bromocriptine Mesylate
Bupropion Hcl
Buspirone Hcl
Carbamazepine
Carbamazepine (Antipsychotic)
Carbidopa-Levodopa
Carbidopa-Levodopa-Entacapone
Cariprazine Hcl
Chloral Hydrate
Chlordiazepoxide Hcl
Chlorpromazine
Citalopram & Dietary Management Pro
Citalopram Hydrobromide
Clobazam
Clomipramine Hcl
Clomipramine Hcl (Bulk)
Clonazepam
Clonazepam (Bulk)
Clonidine Hcl
Clonidine Hcl (Adhd)
Clorazepate Dipotassium
Desipramine Hcl
Desvenlafaxine
Diazepam

Lamotrigine
Levetiracetam
Levodopa
Levomilnacipran Hcl
Lorazepam
Lorazepam (Bulk)
Loxapine
Loxapine Succinate (Bulk)
Lurasidone Hcl
Maprotiline Hcl
Meprobamate
Mesoridazine Besylate
Methyldopa
Midazolam Hcl
Molindone Hcl
Nefazodone Hcl
Nortriptyline Hcl
Oxazepam
Oxcarbazepine
Paliperidone
Paraldehyde
Paroxetine
Paroxetine Mesylate (Vasomotor)
Pemoline (Bulk)
Pergolide Mesylate
Perphenazine
Perphenazine (Bulk)
Perphenazine W/ Amitriptyline
Phenacemide
Phenelzine Sulfate
Phenothiazines & Tricyclic Agents**
Pimavanserin Tartrate
Pramipexole Dihydrochloride
Prazosin Hcl
Pregabalin
Premenstrual Dysphoric Disorder (Pm
Primidone
Prochlorperazine
Procyclidine Hcl
Protriptyline Hcl
Pseudobulbar Affect Agent Combinati
Quazepam
Quinolinone Derivatives***

Diazepam (Anticonvulsant)
Diazepam (Bulk)
Diazepam-Dietary Management Product
Dibenzodiazepines***
Dibenzo-Oxepino Pyrroles***
Dibenzothiazepines***
Dibenzoxazepines***
Dihydroindolones***
Divalproex Sodium
Doxepin Hcl
Droperidol
Duloxetine Hcl
Escitalopram Oxalate
Escitalopram Oxalate & L-Methylfolate-Vit B6-Vit B12-Vit D
Estazolam
Eszopiclone
Ethchlorvynol
Ezogabine
Flibanserin
Fluoxetine Hcl
Fluoxetine Hcl (Bulk)
Fluoxetine Hcl-Dietary Management P
Fluphenazine
Fluphenazine Decanoate (Bulk)
Flurazepam Hcl
Fluvoxamine Maleate
Gabapentin
Gabapentin (Bulk)
Guanfacine Hcl
Guanfacine Hcl (Adhd)
Halazepam
Haloperidol
Hydroxyzine Hcl
Hydroxyzine Pamoate
Iloperidone
Imipramine Hcl
Imipramine Pamoate
Isocarboxazid
Lacosamide

Rasagiline Mesylate
Risperidone
Ropinirole Hydrochloride
Rotigotine
Rufinamide
Selective Alpha2-Adrenoreceptor Ago
Selective Melatonin Receptor Agonis
Selegiline
Selegiline Hcl
Serotonin Modulators-Nutritional Su
Sertraline Hcl
St John's Wort (Hypericum Perforatu
Stimulants - Misc.**
Suvorexant
Temazepam
Thienbenzodiazepines & Ssriss***
Thienbenzodiazepines***
Thioridazine Hcl
Thioxanthenes***
Topiramate
Tranlycypromine Sulfate
Trazodone Hcl
Triazolam
Tricyclic Agents-Nutritional Supple
Trifluoperazine Hcl
Trihexyphenidyl Hcl
Trimipramine Maleate
Valproate Sodium
Valproate Sodium (Bulk)
Valproic Acid
Valproic Acid (Bulk)
Venlafaxine Hcl
Vilazodone Hcl
Vortioxetine Hbr
Zaleplon
Ziprasidone
Zolpidem Tartrate
Zonisamide

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