

# Anticonvulsants – midazolam (Intranasal)

# **WA.PHAR.32 Anticonvulsants Midazolam (Intranasal)**

# **Background:**

For people with seizures who experience status epilepticus (prolonged or recurrent seizures), getting the earliest possible treatment is important. The availability of treatments at home, before emergency medical services (EMS) arrive or before being treated in an emergency room, is currently limited (Table 1), but crucial.

Intranasal (within the nose) therapies, such as midazolam, have a lot of promise, due to rapid absorption and relative ease of administration once the caregiver receives some training. Cluster seizures or status epilepticus are serious medical events and having an available rescue medication allows for the earliest possible treatment.

### **Medical necessity**

Drug	Medical Necessity
Midazolam HCl (for intranasal administration)	Midazolam may be considered medically necessary when: Administered intranasally as a rescue agent for prolonged seizures

## **Clinical policy:**

Drug	Clinical Criteria (Initial Approval)
Midazolam HCl (for intranasal administration)	<ol> <li>Midazolam may be covered when ALL of the following are met:</li> <li>Documentation of seizure/epilepsy</li> <li>Administered intranasally as a rescue agent for prolonged seizures lasting longer than 3 minutes</li> <li>Prescribed by or in consultation with a neurology/epileptology specialist</li> <li>Documentation of patient and/or caregiver has been provided proper training on administration and follow-up after administration of midazolam</li> <li>Documentation that patient and/or caregiver has been counselled on the risks of use with midazolam</li> <li>Maximum 10mg per dose</li> </ol>
	Approve for 6 months
	Criteria (Reauthorization)
	Documentation of clinical benefit
	Approve for 12 months



### Route of administration comparison for seizure rescue medications

	Advantages	Disadvantages
Oral	( lirrently available nortable	May be difficult to administer during a seizure. Relatively longer time to onset of action.
Rectal	FDA approved. Faster time to action than oral administration.	Difficult to administer in many settings.
Intramuscular	Easy administration.	Complications at injection site. Unreliable absorption.
Nasal	· ·	Administration does require minimal training. Risk of injury to nasal cavity.

### **Dosage and quantity limits**

Drug Name	Dose and Quantity Limits	
Midazolam HCl (for intranasal	13-40kg: 5mg once; 5 doses per 30-days	
administration)	<ul><li>&gt;40kg: 10mg once; 5 doses per 30-days</li></ul>	

#### Coding:

HCPCS/ICD10 Code	Description
J2250	Injection, midazolam hydrochloride, per 1 mg

#### **Definitions**

Term	Description
Prolonged seizures	Seizures lasting longer than 3 to 5 minutes

#### References

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Policy: Midazolam (Intranasal)

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