

# Maternity Programs

## CARING FOR YOU AND YOUR BABY



Coordinated Care provides many programs to support our pregnant members.

We want the best health for both Mom and baby. Moms-to-be are immediately enrolled into our programs when a Notice of Pregnancy (NOP) form is completed. *(Note: this form must be completed at least 6 weeks before your due date to qualify for a car seat.)*

### Start Smart for Your Baby™

This program is designed to guide you through your pregnancy and delivery. It includes helpful information, education and support.

- **Text4Baby:** Text messages that include important information and reminders.
- **Smart Steps Walking Program:** Material to encourage exercise during pregnancy. Includes a pedometer!
- **Free Car Seat:** Sent to member when you tell us you're pregnant! (Must complete NOP form as stated above)
- **Breastfeeding Support:** Includes a free high-quality breast pump for moms who are nursing.
- **Case Manager:** Someone to check in on moms who may have health concerns. Moms who may be at risk of early delivery will also be called.

## More Maternity Benefits:

- Puff Free Pregnancy: provides coaching and support for pregnant moms who want to quit smoking.
- In-home monitoring for high risk pregnancies.
- Invitations to baby showers and NICU kits from our MemberConnections® team.
- And more!

## Want to learn more?



**Visit [CoordinatedCareHealth.com](http://CoordinatedCareHealth.com)**



**Call 1-877-644-4613**

*(TDD/TTY at 1-866-862-9380)*

*We have an awesome team ready to help you. They will also help you find a doctor.*