



**coordinated care**™

More help. Less hassle.



HEALTH HOME SERVICES  
**CoordinatedCareHealth.com**

# *Coordinated Care is your health insurance plan through Washington Apple Health.*

## WHAT IS HEALTH HOME?

Health home is not a place. It is a set of services created to assist you if you have serious chronic conditions, like diabetes, asthma, heart disease, etc. Health Home provides the extra help to improve your care.

## HOW DO SERVICES WORK?

1. You meet with a Coordinated Care Coordinator. They help you in creating a Healthy Action plan.
2. The Care Coordinator stays in touch with you to keep things moving forward.
3. If you move in and out of the hospital, the Care Coordinator will assist in planning your transition. They also offer family and individual support.
4. The Care Coordinator makes sure you get the support you need by working with providers (and mental health or chemical dependency agencies) to help you get the quality care you deserve.

**It's FREE!  
No cost to  
you.**

## WHAT DO YOU HAVE TO DO TO START?

**When a Care Coordinator contacts you, just tell them you want to participate.** Then work with the Care Coordinator to make a Health Action Plan, and get started!

## YOUR SUCCESS



This service will help you manage your health and help you deal with complicated medical and social needs. **We want to support your success towards a long, healthy life.**

## WILL THIS CHANGE THE PEOPLE YOU WORK WITH NOW?

You can continue to work with the same people—the program will just add a person to help you develop and follow up on your Health Action Plan.

Continue to work with your:

- Paid caregivers
- Area agency on Aging and any other case managers
- Others you may work with (example: doctors, nurses, physical therapists, mental health counselors, chemical dependency staff, etc.)



## Want to learn more?



**Visit [CoordinatedCareHealth.com](http://CoordinatedCareHealth.com)**



**Call our Member Services Team**

**1-877-644-4613**

*(TDD/TTY at 1-866-862-9380).*

*We have an awesome team ready to help you. They will also help you find a doctor.*